



February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>8:30</u> Morning Bites</p> <p>Zumba Gold</p> <p><u>10:00</u> Fit After 50</p> <p><u>11:30</u> Lunch</p> <p><u>12:30</u> Bingo <i>Early Bird Game:</i> 12:30 <i>Regular Game: 1:00pm</i></p> <p>Fashion Show Rehearsal (2/26)</p> <p><u>1:00</u> A Matter Of Balance <i>(2/5 2/12)</i></p> <div data-bbox="154 1087 264 1218" data-label="Image"></div> <p>February MOVIES</p> <p>February 6th <i>Pal Joey</i> <i>(1957)</i> <i>Kim Novak</i> <i>Frank Sinatra</i></p> <p>February 13th <i>Picnic</i> <i>(1955)</i> <i>Kim Novak</i> <i>William Holden</i></p> <p>February 20th <i>The Eddie Duchin Story</i> <i>(1956)</i> <i>Kim Novak</i> <i>Tyrone Power</i></p> <p>February 27th <i>Bell, Book, and Candle</i> <i>(1958)</i> <i>Kim Novak</i> <i>James Stewart</i></p>	<p><u>8:30</u> Morning Bites</p> <p><u>9:00</u> Senior Advocates <i>(2/6, 2/20)</i> <i>Appointment Needed</i></p> <p><u>10:00</u> Beginning Tai Chi</p> <p>Learn to Crochet with Shirley</p> <p><u>11:00</u> Hidden Harvest <i>(2/6, 2/20)</i></p> <p><u>11:30</u> Lunch</p> <p><u>12:30</u> Movie-of-the-Week</p> <p><u>1:00</u> Pinochle</p> <p><u>2:00</u> Hula</p> <p><u>3:30</u> Words of Wisdom <i>(2/13)</i></p> <p>Piano <i>Appointment Needed</i></p>	<p><u>8:30</u> Morning Bites</p> <p>Senior Farmers Market</p> <p>Inland Empire Legal Services <i>(2/7, 2/14)</i> <i>Appointment Needed</i></p> <p><u>10:00</u> Fit After 50</p> <p>FIND Food bank Outreach</p> <p><u>11:30</u> Lunch</p> <p><u>12:30</u> Bingo <i>Early Bird Game:</i> 12:30 <i>Regular Game: 1:00pm</i></p> <p><u>1:00</u> A Matter Of Balance <i>(2/7, 2/14)</i></p> <p><u>3:30</u> Line Dancing <i>Appointment Needed</i></p>	<p><u>8:30</u> Morning Bites</p> <p><u>10:00</u> HICAP Counseling <i>Appointment Needed</i></p> <p>Learn to Crochet with Shirley</p> <p><u>11:30</u> Lunch</p> <p><u>1:00</u> Pinochle</p> <p>Desert Regional Medical Center Lecture <i>(2/25)</i></p> <p>Eisenhower Medical Center Lecture <i>(2/15)</i></p> <p>Senior Gardening Seminar <i>(2/8)</i></p> <p><u>1:30</u> Senior Social Kats Group Board Games</p>	<p><u>8:30</u> Morning Bites</p> <p>Zumba Gold</p> <p><u>10:00</u> Fit After 50</p> <p><u>11:30</u> Lunch</p> <p><u>11:45</u> Rockin Chair Singers Senior Choir</p> <p><u>12:30</u> Ice Cream Social <i>(2/16)</i></p> <p>Birthday Bash <i>(2/16)</i></p> <p><u>1:00</u> Art Class</p> <div data-bbox="1291 1155 1502 1260" data-label="Section-Header"> <p>Desert Regional Lecture Series</p> </div> <p><i>"Five Ways To Keep Your Heart Healthy"</i> <i>Jean Novales, RN</i></p> <p>Thursday, February 22nd 1pm</p> <div data-bbox="1291 1596 1502 1680" data-label="Section-Header"> <p>Eisenhower Lecture Series</p> </div> <p><i>"Heart Healthy Diet"</i> <i>Stephanie Johnson, RDN</i></p> <p>Thursday, February 15th 1pm</p>
<p>Desert Rose Thrift Shoppe</p> <div data-bbox="438 1701 633 1848" data-label="Image"></div> <p>Open Weekdays 8:30am – 1:30pm</p>		<p>Don't forget to sign up for...</p> <div data-bbox="844 1690 1161 1963" data-label="Image"></div> <p>Coming in March!</p>		